

Please Protect Everyone

- 1 Please adhere to the social distancing measures in place



- 2 Please use the alcohol hand rub dispensers available across the site



- 3 Please dispose of your mask correctly



Thank you for your support and co-operation



The correct way to wear a face mask



Pinch your nose



Tie straps behind your head and neck



Cover nose and mouth



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The correct way to wear a face mask



Pinch your nose



Tie straps behind your head and neck



Cover nose and mouth



Clean your hands before putting your mask on



Ensure your mask covers your mouth and nose



Tie hair back before putting your mask on



Tie the straps of your mask behind your head and your neck



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The incorrect way to wear a face mask



Do not pull below the chin



Do not touch the front of the mask



Do not hang from one ear



Do not cross straps



Do not leave a strap hanging



Do not leave hair down on face



Do not reach under mask



Do not remove mask to cough, sneeze, or talk



Do not eat or drink with a mask on



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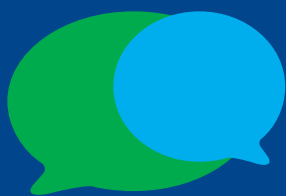
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Communicating when wearing a face mask

Wearing a face mask makes it difficult for others to:

1. Recognise you
2. Hear what you say
3. Read your facial expressions to identify feelings
4. And **IMPOSSIBLE** to pick up any cues from lip reading

Ways to help



As the Speaker

- Introduce yourself and your role
- Gain the listener's attention
- Speak loudly and clearly
- Use clear, simple phrases and rephrase if needed
- Use objects and simple gestures
- Nod and shake your head for yes and no
- One person speak at a time
- Write down key information
- Reduce background noise
- Give people time to respond
- Display your name badge or a sticker with your name and role

As the listener:

- Repeat back what you have heard in order to clarify
- Don't pretend to understand as this can lead to miscommunication and frustration
- Give the speaker your full attention



Useful websites:

<https://www.hse.ie/eng/about/our-health-service/healthcare-communication/nhcp-communication-skills-for-staff-wearing-personal-protective-equipment-ppe.pdf>
<https://www.hcpc-uk.org/covid-19/advice/applying-our-standards/communicating-during-the-covid-19-pandemic/>

Created by Speech and Language Therapy. Extension number of 25709



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Your guide to COVID-19 testing.

An overview for NHS staff and test requesters.

The PCR Test Polymerase chain reaction



Tests for the presence of virus in an individual.



PCR test window

DAYS post symptom onset. 0 5 10

Optimal testing time between two days before and seven days after symptoms onset.



Test can be carried out using:
Nose swabs.
Throat swabs.

+  **Positive**

Continue PPE use as per Trust guidance. If patient is admitted isolate or cohort according to Trust SOP/policy.

Does not tell you
how ill the person will become, or when they contracted the virus.

-  **Negative**

Please do not de-escalate IPC precautions.

For further information or advice please call virology on 25471.

The Antibody Test



Tests if the person has been previously infected with the virus.

Antibody test window

15 20 25 30+

Optimal testing time at least 14 days after symptoms onset.



Test can be carried out using:
A blood sample.



Positive

You have previously had the virus and had an immune response.

Does not tell you
If the person is protected from becoming ill again if exposed to COVID-19, or how long protection may last.

You must still



Negative

The person may have failed to mount an antibody response and is still considered susceptible.

For further information or advice please call virology on 25471.



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'Honest. Inquisitive. Sensitive. Respectful



By Jonny Weeks June 2020

This is how Jonny Weeks describes his approach to documenting a Covid-19 intensive treatment unit.

I was born in Walsgrave Hospital, Coventry on 15 August 1982. Thirty-seven years later I felt compelled to return there, to what is now University Hospital, to document how the NHS was fighting the most extraordinary health crisis of our time: Covid-19.

At that stage (in early April) I don't think any other photographer in the country had published photos from inside the Covid-19 wards of a hospital. It seemed really odd to me that we knew so little of what was happening in our hospitals at such a critical time. I was thinking to myself: who are the nurses, doctors, cleaners, clerks, porters, researchers and consultants in the UK on whom so many lives depend right now, and what are their stories?

I called my local hospitals and explained my desire to create a respectful and personal feature on the NHS response to the Covid-19 crisis. In particular I told them I wanted to share the stories of individuals within the NHS so people could better understand their contributions. University Hospital in Coventry was receptive from the outset - I think they trusted me because as a local person, they felt I'd do justice to the story and the local community. They didn't place curbs on my ability to report accurately; I was given wide ranging access to every level of the hospital and to dozens of members of staff.

Having started my career in journalism as a sports reporter in 2004 and taught myself photography while working in New Zealand, I'd joined The Guardian newspaper in 2008. I've worked as a picture editor, reporter and photographer for various desks over the years, but I'd never worked on a story like this one. I felt a burden of responsibility to do justice to the people involved, and to my profession. I wanted to ensure my images were honest and inquisitive, but sensitive and respectful.

I had almost five days at the hospital which sounds like a long time but much of that was consumed with making plans, establishing trust, learning the best way to shoot the subject and, of course, donning and doffing PPE everywhere I went.

I often had to work in tight, awkward and unexpected conditions. In the intensive treatment unit (ITU), for instance, I had to wear the same level of PPE as the medics - gloves, face masks, goggles and so on - which inhibited my ability to compose each shot.

The NHS staff were overwhelmingly positive about my presence and wanted to share their stories, so there was never a point I felt like I was unwelcome or causing a hindrance. I was particularly struck by their warmth and sense of humour, which shone through even in dark times.

In the upper wards I spoke to a few patients and although they were clearly ill, they were receptive to the idea of being photographed. We made clear that identities would be withheld, where requested, and I hope they knew I wasn't there to pry, I was there to report.

There was, however, one time I felt very uncomfortable about my role as a photojournalist, when I came across a patient wearing a breathing apparatus which encased his head. He was awake - one of the few who was - and I felt a deep sense of shock and awkwardness as I walked past his bed. But I reminded myself I was there for a good reason and that images from within ITU needed to be seen by the wider public.

The reaction from the public to the piece has shown me that people value insight journalism can provide. I've received dozens of kind messages. I hope other journalists and photographers will gain access in the coming weeks so that together we can shine a light on different aspects of the crisis and hold those with responsibility to account.

I also hope that by documenting life inside a hospital my work might provide some comfort to families whose loved ones are being treated, because they can now see the level of care provided by the NHS - its extraordinary. The NHS staff are kind, brave, dutiful and caring. Now, when I'm clapping on Thursday evenings, I have a much greater appreciation for their work.



University Hospital, Coventry
has been rated as

'GOOD'

by the Care Quality Commission



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You can view the full report at www.uhcv.nhs.uk

We Care, We Achieve, We Innovate



The CQC has rated University Hospital, Coventry as

‘GOOD’



University Hospitals
Coventry and Warwickshire
NHS Trust



UHCW cardiac arrest management adaptations and guidance during Covid-19 pandemic and restoration phase: Guidance for healthcare professionals

- ReSPECT and/or escalation plans where appropriate must be identified and documented early.
- Patients with **CPR attempts recommended** and at risk of deterioration should be identified and escalated for AGP PPE management.

1



First Responder: If patient is unresponsive call for help/pull emergency bell and assess for pulse and signs of life for 10 seconds **without** getting close to patient's face.

Ask for 2222 call to be placed stating adult cardiac arrest, location, and if patient is Covid-19 suspected or confirmed.

2



First Responder: Ensure appropriate PPE* for clinical area is worn.

Ensure the patient's mouth and nose are covered.

Commence compression-only CPR.

Ask helpers for cardiac arrest trolley (ensure PPE* bag and all paperwork is removed before trolley enters room).

3



Apply defibrillator pads and switch on defibrillator.

If the patient is in a shockable rhythm attempt one of the following:

- **AED Providers:** Deliver the initial shock before chest compressions immediately resumed.
- **ALS Providers:** Deliver up to three shocks in manual mode while awaiting AGP PPE* responders.

4



Other AGP PPE Responders / Cardiac Arrest Team:

- Ensure AGP PPE is worn before attending to patient. Gatekeeper to assist with PPE.
- Take over care of patient ensuring first responders have exited the room **PRIOR** to commencing bag valve mask ventilations/aerosol generating procedures.

Consider IGEL with HME filter insertion as soon as possible .

- Team leader to ensure minimum responders in room.
- Continue resuscitation attempt as per ALS algorithm.



5



All Responders and Cardiac Arrest Team:

Ensure doffing of PPE and decontamination/ disposal of equipment is completed according to UHCW IPC and Decontamination guidelines.

* **Definitions of personal protective equipment (PPE):**

- **Aerosol Generating Procedure (AGP) PPE:** disposable gloves, fluid resistant cover all/gown, filtering face piece (FFP3) mask, full face visor.
- **Non-AGP PPE:** disposable gloves, disposable plastic apron, disposable fluid resistant mask, eye protection.



Management of a collapsed person in non-clinical settings at UHCW NHS Trust: Guidance for healthcare professionals (HCP) and/or public first responders

1



Recognise cardiac arrest by looking for the absence of signs of life and the absence of normal breathing for no longer than 10 seconds. Do **NOT** put your face near the patient's face to listen/feel for breath.

The first thing to do is shout for help, dial 2222 and ask for the cardiac arrest team. Then, request an ambulance by making a 999 call if you are in the car park or Clinical Science Building (CSB).

2



If you have access to any form of personal protective equipment (PPE) this should be worn.

Leave the face mask in place or place a cloth/towel over the patient's mouth and nose, if there are no signs of life attempt compression-only CPR by putting your hands together in the middle of the chest and pushing hard and fast. Continue compressions until the cardiac arrest team arrive.

3



If you are a HCP trained in AED use, attach the AED and shock if indicated.

4

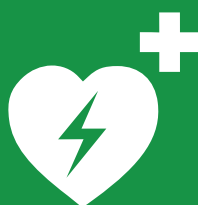


After performing chest compressions, wash your hands thoroughly with soap and water; alcohol-based gel is a convenient alternative.



The nearest telephone and medical emergency equipment including a defibrillator is:

Main Reception
Clinical Science Building (CSB) Reception
West Wing maternity entrance reception



A HCP may encounter a patient who has had a cardiac arrest in a public place (i.e. without the benefit of resuscitative equipment or PPE). Under such circumstances they should follow guidance for members of the public, being aware of their professional obligations.

Version 1 August 2020



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Prevent Infection
Prevent Sepsis

Sepsis September 2020

Bake Off Competition!!

UHCW
Friday
11th September
12.30 - 2.30

3rd Floor Clinical
Skills, opposite
Ward 31

Rugby
St Cross
Wednesday
16th September
12.30 - 14.30
in the lecture theatre of
the Octopus Building



Prizes, donated by UHCW Charity,
will be given for the best bakes!

Come along to learn information about what Sepsis is,
UHCW Sepsis pathways, Sepsis awareness training and more.

For more information email Sepsisnurses@uhcw.nhs.uk

Closing date for entries is Wednesday 26th August 2020



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**Prevent Infection
Prevent Sepsis**

NHS
University Hospitals
Coventry and Warwickshire
NHS Trust

Have you been affected by Sepsis? UHCW is here to support you.

If you or a loved one has had Sepsis, join us at our Sepsis support groups. The UK Sepsis Trust offers online support groups and Facebook groups and forums:

<https://sepsistrust.org/get-support/my-local-group/>

The Coventry and Warwickshire Sepsis Support Group

Group Contact Tel: 0808 800 0029

email: support@sepsistrust.org



For information on recovery, returning to work,
and guides for patients and relatives visit:

<https://sepsistrust.org/get-support/resources/>

email the sepsis team on: Sepsisnurses@uhcw.nhs.uk



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Key contacts

Patients will be cared for by nursing staff and respiratory consultants on the wards.

Areas

- Area 1 – Tel: 02476 967844
- Area 3 – Tel: 02476 967837
- Area 4 – Tel: 024 7696 7845

Nursing staff

- Talitha Carding, Modern Matron
Tel: 02476 967263, Bleep: 2384
- Julie Lines, Ward 31 Manager
Tel: 02476 967839, Bleep: 2719

- Wendy Diaz, Ward Clerk
(available between 8.00am to 4.00pm, Monday to Friday) Tel: 02476 967844

The consultants on ward 31 are Dr Beatriz Lara,
Dr Dhananjay Desai and Dr Judith Drought.

Main switchboard 02476 964000
Please quote bleep number

University Hospital Coventry & Warwickshire
Clifford Bridge Rd, Coventry CV2 2DX

Other useful contacts

- If you have comments or concerns about the service provided by the Trust, please contact our Patient Advice and Liaison Service (PALS) by emailing feedback@uhcw.nhs.uk or calling 0800 028 4203.
- If you'd like support from our Bereavement team, please contact Simon Betteridge on 02476 967511 or simon.betteridge@uhcw.nhs.uk or Pam Martin on 02476 965833 or pamela.martin@uhcw.nhs.uk

We'd love to hear your feedback

To help us to continue to deliver high standards of care to our patients and recognise our hardworking staff, please let us know your feedback.

What do our patients say about us?

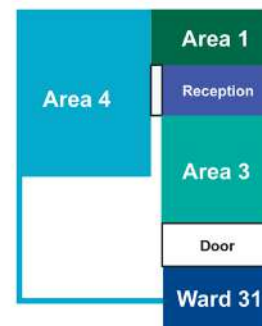
"Staff were really reassuring and helpful. They were also very friendly especially when I was emotional."

"Couldn't fault anything – staff were absolutely fantastic, caring and dedicated." "The nursing care was superb."

Your care and time on ward 31

Ward 31 specialises in respiratory conditions and is the designated unit for the provision of non-invasive ventilation.

Ward 31 has 36 beds and three areas. Patients will be cared for in a bay or a side room.



What happens on the ward?

A typical day on the ward will be:

Early 7.30am - 8.30am	– Staff handover from night to day team.
Early 8.30am - 10.00am	– Medical ward rounds, medicines and observations of patients
Midday - 1.00pm	– Lunch time and medicines for patients.
5.00pm - 6.00pm	– Tea time and medicines for patients.
7.30pm - 8.30pm	– Staff handover from day to night team.
8.30pm	– Medicines for patients.

Hostesses attend the ward five times per day serving hot drinks to patients.

(Note about discharging here)

When can I visit the ward and what can I bring?



Ward visiting times
Monday to Friday 6.30pm - 8.00pm
Saturday and Sunday 11.00am - 8.00pm

Information for visitors

- We request that there are only two visitors per bed.
- Children under the age of 14 are not allowed on the ward at any time.
- Visitors may be required to wear PPE in certain areas to protect the safety of our staff, patients and visitors.
- Visitors are able to bring packaged food items on to the ward for patients, but please refrain from bringing flowers, to help support infection control.
- Remember to wash your hands when entering and leaving the ward.
- We operate protected mail times however if patients need support during visiting times visitors are encouraged to assist with patient feeding.

How can I contact the ward and patients?

- Send a letter and some photos via our "Thinking of You" service by filling out a form here: <https://www.uhcw.nhs.uk/caring-for-you/coronavirus/visiting/thinking-of-you/> Once we receive your message, it will be printed out and delivered safely to the patient on your behalf.
- Use our Patient Connect: Virtual Visiting service which enables patients to have virtual visits from friends and families on iPads which are available on all wards.
- To get in contact with the Nurse in Charge, please call between 1pm and 4pm. If you have the bleep number of the person you're trying to reach, please quote it when telephoning the main switchboard.
- To speak to a consultant, please arrange an appointment with the consultants secretary by telephoning 02476967695 for Dr Lara, 02476967697 for Dr Desai or 02476967698 for Dr Drought.
- We advise having one main phone contact for a patient.



Mortuary Open Day

Date: Thursday 6th August 2020

Time: 11.00am until 4.00pm

**Where: Mortuary at University
Hospital Coventry, ground floor, West Wing**

Who should attend?

Staff looking to improve their knowledge on Mortuary processes.

What will be happening during the open day?

You'll be able to meet the Mortuary team, have a tour of the Mortuary including the fridge room, the chapels of rest and the Post Mortem room, and you'll be able to have your questions answered directly by the team.

By attending you'll learn more about:

- Care after death processes
- The patient's journey - from ward to release
- The Post Mortem process
 - The chapel of rest
- Bereavement and Chaplaincy support

Various refreshments including cakes and savoury snacks will be available during the open day, and further training on Mortuary processes can be arranged directly with the team.

For more information, contact:

Extension number 27519 | email: uh-tr@uhcwmortuary.nhs.net



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Chaplaincy and Bereavement at UHCW

How do I book a patient viewing appointment for a family?

- Arrange with the Bereavement services team.
- Time slots are limited but may be available the same day.
- If patients are not in a viewable condition the Mortuary team will alert Bereavement services who will speak to the family.



What happens during a viewing appointment?

- Patients will be dressed in the garments that they arrived to the Mortuary in.
- Alternative clothing can be used if requested by families.
- Bereavement services show the families to the room.
- Viewing appointments can last up to one hour.

What other support is available for families?

- The Bereavement services team offers support and advice about funeral arrangements.
- The Chaplaincy team can provide both emotional and religious support during end of life and after death care.



Key contacts

- Faith Centre - extension 27515
- Bereavement services email GMBBREAV@uhcw.nhs.uk
- Faith Centre email GMBFaith@uhcw.nhs.uk

Good to know ...

- Child bereavement memory boxes are available for families.
- Photography and hand and footprint images and mouldings can be arranged for families.



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Please Protect Everyone

Putting your health and wellbeing first

What's changed during the COVID-19 pandemic?



Over the past three months, the number of staff inductions have increased from

6 to 24

to support social distancing and the increase in new starters.



• 5600 people have been fit tested since the start of the COVID-19 pandemic

• We have 300 cascade trainers across both Trust sites



• The number of respirator hoods across the Trust have increased from 3 to 58

• 125 clinicians are trained for respirator hood use

To provide a space for members of staff to take a break we have introduced...



Wobble rooms



Wellbeing rooms



Large wellbeing hubs at UHCW



Large wellbeing hub at Rugby



Hydration stations are available on every ward.

Please remove your PPE, wash your hands, maintain social distancing and take five minutes to hydrate.

Action: Do you know where your hydration station is?
Use the poster provided to make all team members aware.

June 2020



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Please Protect Everyone



PPE Availability



6.75m

items of PPE

have been delivered since 23rd March

92

Dedicated PPE stores

have been set up in ward areas

3m

Additional items of PPE

have been delivered compared to BAU times

50

PPE kits

have been made available to cardiac arrest teams across the Trust

28

Businesses

produced or donated PPE, from goggles to gowns

49

members of staff

were redeployed between April and June 2020 to support the distribution of PPE

1,300 Reusable gowns

are now managed on-site through a 24/7 partnership with ISS

"I knew other Trusts were struggling for PPE, but I always had what I needed when I came to work."

"The PPE grab bags for the cardiac arrest team have been such a fantastic idea and are a valued asset moving forward."

Action: Spot-check five members of staff who are wearing PPE today, and give them immediate feedback.

June 2020



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How we're gathering your feedback

Staff listening events:



6
Events have been held across UHCW

Held so far...

Band 5 & 6 Nurses

Student Nurses

Healthcare Support Workers

Staff at Rugby St Cross

Modern Matrons and Ward Managers

Allied Health Professionals

You said ...

“ I felt proud during clap for carers

“ I felt well supported moving to Critical Care

“ I think it has been fantastic to see the Trust's ability to effect change at pace

“ I feel a bigger IPC team is needed to meet Trust demand

“ I feel further training is needed for staff to prepare for winter pressure

In addition the COVID-19 debrief survey has launched for all staff to have their say ...

908

Members of staff completed the survey in the first six days of launch

HAVE YOUR SAY

Action: Have your say by taking the COVID-19 debrief survey today:
<http://trustnav/news/have-your-say-covid-19-debrief-survey/>



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June 2020

Are you putting your patients at risk?

Hands are one of the biggest spreaders of germs.

They can carry bacteria from different items that you touch. Regular hand washing is the most effective way to prevent the spread of germs and infections.

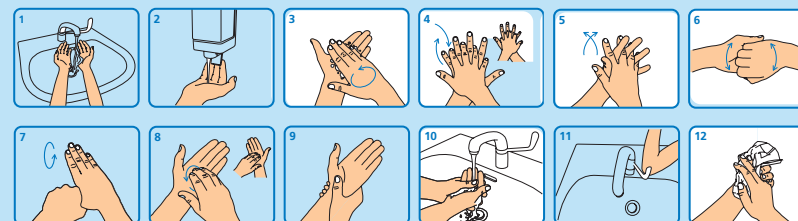


Did you know?

The average 5 moments hand hygiene score for UHCW in May 2020 was 57.8%
World Health Organisation research suggests to expect compliance between 40 - 60%

You said, we listened.

Following feedback on the previous hand hygiene posters, clearer versions have been created and distributed across the Trust.



Sterile Services is inviting all staff to try the Nanoclave Cabinet, an ultraviolet light technology that is proven to kill pathogens on items such as stethoscopes and ID cards in 30 seconds.

The Nanoclave Cabinet is available to try for 24 hours from 7am on Tuesday 23 June.

All non-clinical areas are welcome to pick up their own supply of Tristel decontamination products this week.

When: Tuesday 23 June - Thursday 25 June
Times: 9:00AM - 5:00PM

Location: Sterile Services Department
(entrance located behind Women and Children's on the first floor of University Hospital, Coventry)

Action: Observe five colleagues cleaning their hands and immediately provide feedback.



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June 2020

YOUR **HEALTH** IN MIND

ENGAGEMENT EVENTS ON FUTURE MENTAL HEALTH CARE



Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust



WE ARE ALL **SUPER** HUMAN

THE **INNER POWER** TO **OVERCOME** OUR DIFFICULTIES

25th SEPTEMBER 2019 LICHFIELD

The Cathedral Hotel 10am to 1pm

16th OCTOBER 2019 TAMWORTH

Coton Green Church

2pm to 5pm and 6pm to 9pm

17TH OCTOBER 2019 BURTON

Burton Library 2pm to 5pm

If there is a general election these will be rearranged

**TO BOOK YOUR PLACE PLEASE VISIT
WWW.MPFT.NHS.UK**

Call 0300 790 7000 ext 7128289

Email enquiries@mpft.nhs.uk

SERVICE USER CASE STUDY



SUPER HUMAN POWER Strength

MY SUPER HUMAN CATCHPHRASE 'Never Give Up'

*'I'm a fighter. Strong willed
overcoming many difficulties in my life.
I always look on the positive
side of things!'*

Agenda for GBC Engagement sessions

1.Welcome (5mins)

- Background to the George Bryan Centre – Fire in February 2019
- Two services
Working Age Adults Inpatient service
Dementia Services
- Agenda for today's session & the relationship with STP/CCG

2.Presentation

Summary of:-

- Description of the services as they were in the George Bryan Centre & As they are currently being delivered (5mins)
- Data Pack (20mins)
- Best Practice – Enhanced Community Model (20mins)

3.(Plan A)

Groups split into service interest

1. Working Age Adults Inpatient service
2. Dementia Services
3. What the locality would need in the future/Design the Building

Each group to be given the layout of the 5 CQC measures and then the facilitator to then rotate for further comments on each table

4.Closing – Executive (15mins)



Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust

YOUR HEALTH IN MIND



ENGAGEMENT EVENTS ON FUTURE MENTAL HEALTH CARE

WE ARE ALL SUPER HUMAN

THE INNER POWER TO
OVERCOME OUR DIFFICULTIES

LET YOUR VOICE BE HEARD

Help us in our ambition to achieve
the perfect patient experience.

Making Mental Health first priority!



Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust

OPEN TO THE GENERAL PUBLIC, SERVICE USERS & CARERS

Former George Bryan patients encouraged

0300 790 7000
or email enquiries@mpft.nhs.uk

ENGAGEMENT EVENTS VENUES & TIMES

**25th SEPTEMBER 2019
LICHFIELD EVENT
The Cathedral Hotel,
10am to 13:00pm**

**16th OCTOBER 2019
TAMWORTH EVENT
Coton Green Church
2pm to 5pm and
6pm to 9pm**

**17TH OCTOBER 2019
BURTON EVENT
Burton Library Room 1
2pm to 5pm**

The future of the George Bryan Services are now under review and a group has been set up to plan an engagement exercise to discuss what happens next. The engagement group includes a service user and staff representative, a member of the League of Friends of Tamworth Hospitals and staff from Midlands Partnership NHS Foundation Trust. Four meetings will be held, with two planned for Tamworth. The events will be open to all, but the target audience is people who have used the George Bryan Centre in the last two years and their families and carers, plus those who have been admitted to St George's in the last two years

BOOK YOUR PLACE CONTACT THE TEAM ON:

0300 790 7000
or email enquiries@mpft.nhs.uk

SERVICE USER CASE STUDY



SUPER HUMAN POWER Resilient

MY SUPER HUMAN CATCHPHRASE **'Nothing is Impossible!'**

*'I have strength and durability.
I'm able to withstand or recover
quickly from difficult conditions.
I have faced many battles in my life.
I treat others as they would like to be treated.'*

**IF YOU CANNOT ATTEND
YOU DON'T MISS OUT !
MAKE YOUR
CONTRIBUTION ONLINE**

Fill out our survey, available
online the Trusts website.

Why not sign up to become an
Involvement Representative
for the Trust.

If you want to know more about getting
involved or how to register,
please get in touch with our team.

**TO BOOK YOUR PLACE ON
THE ENGAGEMENT EVENT
PLEASE VISIT THE
TRUSTS WEBSITE ONLINE:
www.mpft.nhs.uk**

**Alternatively
You can book your place
by post just fill in & return:**

Trust Headquarters
St. George's Hospital
Corporation Street
Stafford. ST16 3SR

ENGAGEMENT EVENT

Name:

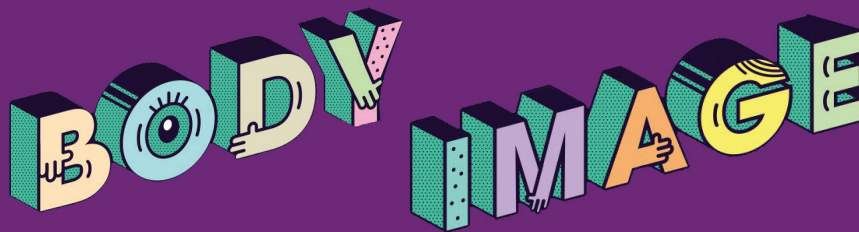
Venue & time:

INVOLVEMENT FOR IMPACT



MIRROR, MIRROR ON THE WALL

WHO IS THE SKINNIEST OF THEM ALL?



How we think and feel about our bodies

The mind and body are inseparable, mental & physical health conditions are often connected. Integrating mental & physical healthcare services has the potential to vastly improve the care that patients receive.

Tuesday 14th May 1:00pm - 5:00pm

The Learning Centre, St George's Hospital Site, Stafford

Come and listen to an informative talk from the Eating Disorders Team and take part in some body positive activities.

Wednesday 15th May 10:00am - 2:00pm

The Lantern, Meadow Farm Drive, Shrewsbury, SY1 4NG

Bringing together service providers from around the county, this is an opportunity to share ideas, acknowledge and celebrate the valuable work that's happening. Let's Talk Mental Health!

INTEGRATING MENTAL & PHYSICAL HEALTHCARE

CONTACT THE INVOLVEMENT TEAM ON:

0300 790 7000

or email involvement@mpft.nhs.uk

INVOLVEMENT FOR IMPACT



CELEBRATION DAY WE ARE ALL SUPER HUMAN

Service User and Carer Involvement
Celebration Day

Wednesday 17th July 2019 9.30am - 3.30pm

The Learning Centre and Marquee

St Georges Hospital Site, Corporation Street, Stafford ST16 3AG

Calling all Service users !!

Dress up as your favourite Superhero.

What Super human are you most like and why?

Power to the People!

BREAKING FREE FROM THE STIGMA

CONTACT THE INVOLVEMENT TEAM ON:

0300 790 7000

or email involvement@mpft.nhs.uk

WONDER WOMAN

SERVICE USER CASE STUDY



SUPER 'HUMAN' POWER

Resilient

MY SUPER HUMAN CATCHPHRASE

‘Nothing is Impossible!’

‘I’m most like Wonder Woman because like her, I have strength and durability. I’m able to withstand or recover quickly from difficult conditions. I have faced many battles in my life. I also have increased empathy and a deep emotional understanding of all creatures and people. I treat others as they would like to be treated.’

INVOLVEMENT FOR IMPACT



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SUPERMAN

SERVICE USER CASE STUDY



SUPER 'HUMAN' POWER

Strength

MY SUPER HUMAN CATCHPHRASE

'Never Give Up '

*'I'm a fighter . Strong willed overcoming
many difficulties in my life.
I always look on the positive side of things!'*

Break

the silence on

Domestic Abuse



#YOUARENOTALONE

Help is at hand

Call The National 24 hour Helpline:

0800 9702070

If you are feeling that something's not quite right, but can't put your finger on it you can apply for a disclosure under Clare's Law.

To Make An Application

1. You can visit a police station
2. You can phone 101
3. Speak to a member of the Police on the street